COVID-19
CONTAINMENT MEASURES
To fight Covid-19 and save lives, measures have been taken

Work from home if possible

Make sure your children have a place to work and follow teachers' instructions

Spend time with family

Opt for gym at home

23 - 03 - 20

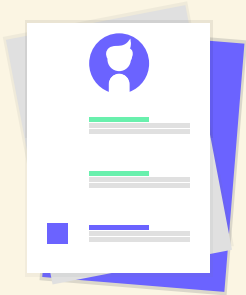**Going out is forbidden except in those cases but imperatively with a certificate**

Go to work if you cannot work remotely

Go to the doctor

Run errands, only for essential products

Work out alone in your neighbourhood

Going out for childcare or to help vulnerable persons